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Lifetime Achievement Award Winner for Best Bulletin in District 3310



# The Interact Coordinating Committee's GREY CAN STILL PLAY Project

1 IN FOCUS The Interact Coordinating Committee's GREY CAN STILL PLAY Project 11 LAST WEEK Report on Wed, 11 April 2018 Meeting 14 MARK YOUR DIARY
What's ahead? Don't miss
the forthcoming events and
Birthday / Anniversary
celebrants and more...

## In Focus

# The Interact Coordinating Committee's GREY CAN STILL PLAY Project

**Project Date: Saturday 17 March 2018** 

Report by: Youth Service Director Dr Hoh Sek Tien



YSC Director Dr Hoh Sek Tien

#### **Project Description and background:**

This was a one-day community service event which brought together **100** needy seniors from the Eunos/MacPherson neighbourhoods and **227** Interactors from **14** different Interact Clubs in Singapore for a day of fun and meaningful interaction.

The project included a "mass house cleaning activity" of homes of the needy seniors in the Eunos-Macpherson area in the morning, followed by engagement activities with the seniors by the youths through a "Carnival" which included activities such as games, handicraft making, singing and a lunch party.

The **objectives** were to foster the spirit of volunteerism and develop organisational skills amongst our youths and promote "Inter-club" collegiality, all of which are in line with the values of the Rotary family.

The **tangible outcomes** were (1) cleaner homes for the seniors, (2) meaningful interaction between youths and seniors, and (3) a HAPPY afternoon of activities for the beneficiaries.

The project was organised by the Interact Coordinating Committee (ICC) together with the Rotary Club of Singapore, Youth Corps Singapore and Metropolitan YMCA with funding support from Foundation of Rotary Clubs Singapore's ROTARY HAPPINESS FUND, Canon and Management Development Institute of Singapore (MDIS).

The event was held on Saturday, 17 March 2018 with The Honourable, **Ms Tin Pei Ling**, Member of Parliament for MacPherson gracing the event as **Guest of Honour** during the Carnival segment at the Samtas Hall of the MDIS at Stirling Road.

#### Background

Last July, The Rotary Club of Singapore partnered Youth Corps Singapore, a division of the National Youth Council, Singapore to co-organise the Interact Leadership Training Camp (ILTC 2017). The camp saw 57 participants from 16 Interact clubs coming together for a 3D2N camp to equip themselves to be leaders in community service.

During the camp, the Interact Coordinating Committee (ICC) Board was elected from the Presidents of the Interact clubs. This year's board members were Joel Tan, Hwa Chong Institution (President), Ananya Joshi, Global Indian International School Queenstown (Secretary), Hannah Quek, ACS Independent (Treasurer), Perry Aw, SJI International and Phua Yi Rui, Yishun Junior College (Board members).

As a follow-up from the camp, the ICC advised by Youth Service Director Dr Hoh Sek Tien, Rotarians Ronald Wong, VP James Lee and Adnan Ansari, organised its signature project on 17 March 2018 to coincide with Youth Corps Service Week 2018.



The project is unique in many ways, not just because it was a ground-up initiative by the Interactors but also because it was a project that required cross-school collaboration and carried with it immense logistical challenges. The Interactors met regularly since the end of last year to plan the project, iron out issues and overcome challenges. Rotarians provided that link with stakeholders and supported where they could.

Their efforts culminated in the very successful Interact service project aptly called "Grey Can Still Play".

The ICC has set the foundation for future collaborative projects such as this and they hope to continue and expand the reach of this project in years to come.

#### **Outline and photographs**

We accomplished ALL that we set out above and more! One could see it in the smiles of ALL present.

Team Cleaning@Eunos and Team Cleaning@MacPherson started the day with mass cleaning of homes at the Eunos and MacPherson areas











Meanwhile Team Carnival@MDIS started preparations and rehearsals for the carnival. All converged later in the afternoon for the GREY CAN STILL PLAY carnival!

Arrival of our guests – the seniors







Arrival of Guest of Honour, Ms. Tin Pei Ling, MP for MacPherson Constituency, greeted by the ICC, Rotarian advisors, and Youth Corps Singapore



#### Carnival begins





3 | C r o s s r o a d s



The carnival started with each senior treated to lunch while seated face to face with the Interactor that they were paired with - nothing like having a meal together for an instant "ice-breaker"







Entertainment such as singing and performances were conducted during lunch. Art & craft activities and an exercise routine followed.











4 | Crossroads



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A mass exercise routine was conducted with participation by all present including the GOH







Guest of Honour, Ms. Tin Pei Ling, MP for the MacPherson constituency lent star appeal to the event as most of the beneficiaries were from her constituency





The carnival then moved to a higher gear with the games segment. A total of 15 games booths were set up by the Interactors for participation by the seniors.







There was also a photo booth put up by Canon for souvenir photographs.





5 | Crossroads



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Our Rotarians enjoyed themselves too.













6 | C r o s s r o a d s



A HAPPY afternoon to remember with good lunch, good company, good entertainment, song, dance, fun and games. At the end of the day, they did not go back empty handed, they received photos and frames from Canon, groceries as prizes won during the carnival and flowers to add that finishing touch.

#### The SMILES say it all!



#### Thank you and till we meet again





In short, this was a project that truly incorporated the values of leadership, service and fellowship, all very much

core values of the Rotary Family



The organising team from ICC, Rotary Club of Singapore, Youth Corps Singapore and Metropolitan YMCA (standing, from left: Debbie, Ananya, Perry, Yi Rui, Hannah, Dr Hoh and Ronald, seated, from left: Joanna and Joel)



Groups of people involved:

- a. Interact Coordinating Committee
- b. Rotary Club of Singapore
- c. Youth Corps Singapore
- d. Metropolitan YMCA
- e. Foundation of Rotary Clubs Singapore
- f. Rotary Club of Jurong Town (Rotary Happiness Fund)
- g. MacPherson Constituency Office
- h. Canon Singapore
- i. Management Development Institute of Singapore
- j. Hwa Chong Instituition Interact
- k. Global Indian International School (Queenstown) Interact
- I. Anglo Chinese School (Independent) Interact

- m. SJI International Interact
- n. Yishun JC Interact
- o. Anglo Chinese JC Interact
- p. Bukit Gombak Eagles Interact
- q. Catholic JC Interact
- r. Nanyang JC Interact
- s. National JC Interact
- t. Raffles JC Interact
- u. Stamford American International Interact
- v. Tanjong Katong Girls' School Interact
- w. Victoria JC Interact



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## **Committee Projects**





## VISION FOR ALL

UPCOMING OVERSEAS COMMUNITY EYE SCREENINGS

#### OVERSEAS EYE SURGICAL CAMP, CAMBODIA



22 Apr 2018 - 23 Apr 2018



Phnom Penh, Cambodia

The programme is conducted in partnership with Khmer Sight Foundation, to improve vision and eye care of Cambodians and eliminate avoidable blindness in Cambodia. The Foundation also aims to train the next generation of eye care health professionals in Cambodia

## VISION FOR ALL

UPCOMING LOCAL COMMUNITY EYE SCREENINGS



21 Apr 2018



9am - 4pm Volunteers to report at 8.30am



APSN Centre for Adults
11 Jalan Ubi, Block 4, #01-31, Kembangan-Chai Chee Community Hub, S409074

The programme is conducted in partnership with Association for Persons with Special Needs (APSN), which provides a comprehensive range of services for adults with mild intellectual disability, age 16 years old and above. A comprehensive basic eye screening will be conducted for APSN clients.





Money raised will be distributed to help the beneficiaries.

## THE BENEFICIARIES

#### For more Information:

Organizer: Rotary Club of Singapore

Telephone: (65) 6737 2504 or (65) 9692 0660

Email: rcos.swimarathon@gmail.com

Donation: https://give.asia/campaign /rotary-global-swimarathon-singapore-2018

Facebook page (for more information): https://www.facebook.com/RotaryGlobal-SwimarathonSingapore (or search for Rotary Global Swimarathon) 1. 'End Polio Now' campaign (Help to eradicate Polio globally)

#### 2. FOOTBALLPLUS

('More than a game'. Value-based mentoring for disadvantaged youths to realise their potential)







#### **OUR SPECIAL GUEST:**

Mr Melvin Yong Yik Chye

Member of Parliament (MP) of Tanjong Pagar Group Representation Constituency

Director of Industrial Relations Field, National Trade Union Congress (NTUC)

Registration: http://rotary.org.sg/event/swimarathon-2018/



## **Last Week**

#### Last Week – Report on the Wednesday Meeting – 11 April 2018

#### **OPENING REMARKS**

Acting Sergeant-at-Arms, Vice President Andy Mankiewicz opened the Meeting and invited President Keith to take the Chair.

President Keith welcomed members, Guest Speaker Ms Jacqueline Loh from Aidha, as well as PDG Fong Hoe Beng who brought along a guest to the Meeting.



VP Andy

#### WELCOME

President Keith called on Rtn Suresh Keerthi to welcome the following guests of members and visiting Rotarians:

#### **Guests:**

Speaker, Ms Jacqueline Loh Mrs Marilyn Lee Dr Daisy Rani Mr Able Cheong

#### **Visiting Rotarians:**

PDG Fong Hoe Beng – Singapore East PP Terry Lee – Lochaber, Scotland Ms Clarrissa Harris – Dupont Circle, USA Peter Clements – Melbourne, Australia



Rtn Suresh

#### **TOAST & BANNER PRESENTATIONS**



Toastmaster PP Peter Tan (right) called on members to raise a toast to the Rotary Club of Lochaber coupled with a toast to Rotary International. The Lochaber club was represented by PP Terry Lee (centre) who was in Singapore visiting his daughter and to celebrate his 80<sup>th</sup> birthday next week.





President Keith exchanged banners with PP Terry (left) and presented the Club's banner to Rtn Clarrissa Harris (right)





## **Last Week**

#### **SWIMARATHON 2018**

President Keith called on both PN/VSC Director Deepak Nagrani and Rtn Hassan Moosa who highlighted the big Club event organised by the Vocational Service Committee (VSC) i.e. the coming Rotary Global Swimarathon — Singapore 2018. PN/VSC Director Deepak advised that the goal for this year's Swimarathon was to have 250 swimmers and to collect S\$40,000 for The Rotary Foundation's End Polio Now programme as well as the Club's Major Project for this year — FootballPlus Singapore. Rtn Hassan encouraged members to participate in the various categories of the Swimarathon. He advised that PP Dr Shahul Hameed's son, Mirza, was organising young swimmers for the event as well. Rtn



From right: PN/VSC Dir Deepak & Rtn Hassan

Hassan hoped that members would come by with their families and friends to enjoy the Swimarathon. President Keith encouraged members to show their support for the Swimarathon and added that he planned to participate and improve on the 10 laps which he did last year!

#### **COMING ROTARY EVENTS**

President Keith reminded members of the following Rotary events and called on their participation:

Rotary Events	Details
Vision For All	Saturday, 21 April 2018 from 9.00am to 4.00pm
Community Eye Screening	Venue: Association for Persons with Special Needs (APSN) 11 Jalan Ubi Blk 4 #01-31 Kembangan-Chai Chee Community Hub S409074
Vision For All	22 – 23 April 2018
Overseas Eye Surgical Camp Cambodia	In partnership with Khmer Sight Foundation
Rotary Club of Johor Centennial	Saturday, 21 April 2018 from 10.00am to 4.00pm
(RCJC)	Venue: Le Grandeur Palm Resort Golf & Country Club, Senai, Johor
<b>Bowling Fellowship</b>	Contact: RCJC President Veshnudran Sivamoorthy (tel. 017-2402003)
Swimarathon 2018 (3 <sup>rd</sup> year)	Sunday, 29 April from 9.00am to 5.00pm
	Venue: Sports Lifestyle Centre, Bukit Merah Central
	Beneficiaries: End Polio Now and Club's Major Project
Rotaract Clubs of Singapore –	Saturday, 5 May 2018 from 8.00am
Run in Blue	Venue: Admiralty Park – Carpark above Sakura Restaurant
	31 Riverside Road S730000
	Registration fee: \$20.00 – Proceeds will be donated to Down Syndrome Association (Singapore)
27 <sup>th</sup> District 3310 Conference	Friday, 11 May to Sunday, 13 May 2018
	Venue: The Magellan Sutera Resort, Kota Kinabalu, Sabah, Malaysia
Sister Club, RC Osaka Semba's	Sunday, 27 May to Monday, 28 May 2018
30 <sup>th</sup> Anniversary Celebrations	Venue: Nikko Osaka Hotel
4 <sup>th</sup> & Final Club Assembly for Rotary	Wednesday, 30 May 2018 from 6.30pm onwards
Year 2017-2018	Venue: Gilmour Room, Singapore Cricket Club, Connaught Drive
	Weekly lunch meeting on 30 May is cancelled in lieu of this Club Assembly



## **Last Week**

Speaker: Ms Jacqueline Loh, Chief Executive Officer

**Aidha** 

**Topic:** "Understanding the challenges and motivations of foreign

Domestic workers and Aidha's work to help them achieve

their migration goals"



To introduce the Guest Speaker Ms Jacqueline Loh, President Keith called upon Rtn Dr Hoon Sing Keow. Ms Jacqueline Loh joined Aidha, as CEO in 2016, having served on its board when it was first established in 2006 as a spin-off from a programme of the Singapore Committee for UN Women (then known as UNIFEM Singapore), where she also currently sits on the executive committee. Her experience spans the private, public and non-profit sectors with roles in strategy, research, and programme development. She has worked internationally with the Delhi School of Economics, the World Bank, the Boston Consulting Group and the Ford Foundation.



Speaker, Ms Jacqueline Loh

Rtn Sing Keow

She has been based in Singapore since 2003, worked

with Canada's International Development Research Centre's regional office in Singapore and subsequently was the Centre Director of the Lien Centre for Social Innovation at SMU, spearheading its work on poverty in Singapore.



From right: President Keith, Ms Jacqueline Loh & Rtn Uttam

Prior to her talk, Ms Loh showed a inspiring video of Norma, a domestic helper who became one of Aidha's many success stories.

Ms Loh spoke of how Aidha, an award-winning charity and Institution of Public Character provided financial education training to foreign domestic workers, in order to help them achieve something meaningful from those years of sacrifice. She highlighted the impact that Aidha's initiatives have had on the 4,000 students since 2006. (A copy of Ms Loh's presentation is available from the Secretariat.)

President Keith invited Rtn Uttam Kripalani to extend the Club's vote of thanks to Ms. Loh. Rtn Uttam advised that the word "Aidha" meant "that to which we aspire" and noted that Aidha, was a wonderful organisation in helping domestic workers achieve "dreams which were bigger" than they thought possible.





# Mark Your Diary

#### **Birthday Celebrants**

RC sends Birthday greetings to celebrants this week:

Dr Devakumar Nair Robert Craiu Dr Suresh Mahtani Dr Melvin Tan Matei Iurascu

#### **Anniversary Celebrants**

RC sends best wishes to Wedding Anniversary celebrants this week:

Vijai & Kala Parwani PP Dr Winston & Julia Oh Kimio & Nobuyo Somemiya

## International Service Meeting

International Service Committee Meeting will be held as follows:

Date: Thursday, 19 April Time: 7.15pm

Venue: Singapore Island Country Club (Bukit Location, off Adam Road) Lornie Road, 240 Sime Road, \$288303

Hosts: PP Chiang Shih Fang, PDG Dr Ivor Thevathasan, Rtns Kannan Krishnan, Alex Lega & Manish Tibrewal

#### This Meeting

#### 18 April 2018

Reception Desk duty: Dr Chan Siew

Luen, T K Chew

Sunshine Box: PP Paliath Mohandas, PE Mark Wang

**Speaker**: Ms Sumitra Aswani, Executive Director, Ishk Tolaram

Foundation

**Topic:** An introduction to Ishk

**Tolaram Foundation** 

## Youth Service Meeting

Youth Service Committee Meeting will be held as follows:

Date: Thursday, 26 April

**Time: 7.30pm** 

Venue: To be advised

Hosts: Rtn Dr Suresh Mahtani, Dir See Mee Lee & PP Alan Tan

#### Who's Who Directory 2018-2019

Members are reminded to submit their updated information & photographs to the Secretariat by 22 April

#### **Next Meeting**

#### 25 April 2018

Reception Desk duty: Vivek Chhabra, Joseph Chia

Sunshine Box: Suresh Keerthi,

Ronald Wong

**Speaker**: His Excellency, Mr Scott

Wightman, British High

Commissioner

Topic: To be advised

#### Coming Rotary Events

#### /April

#### Maternal and Child Health Month

Minority Vocational School Mission Visit

15 Apr – Rotary Charity Run – Kuching21 Apr – Eye Camp at APSN

21 Apr – "Hunger Games" at Hwa

Chong Institution

21 Apr – Rotary Club of Johor Centennialo Bowling Fellowship 22-23 Apr – Overseas Eye Surgical

Camp in Phnom Penh, Cambodia 29 Apr – Swimarathon in aid of EndPolio and the Major Project

#### <u>IVIay</u>

#### Youth Service Month

5 May – District Rotaract's "Run In Blue" event at Admiralty Park, 31 Riverside Road

11-13 May – District Conference 27-28 May – RC Osaka Semba's 30<sup>th</sup>

anniversary celebrations

31 May – 4<sup>th</sup> & Final Club Assembly for RY 2017-18

June

#### **Rotary Fellowship Month**

**24-27 June –** R I Convention, Toronto, Canada

July

July - Installation Dinner





Before doing the things we want to do, consider first, the Precepts of the guide. Ask ourselves these 4 questions and act upon them:

First: Have I spent some time in self-examination?

Second: Have I spent quality time with my family?

Third: Have I given my best to my work?

Fourth: Have I given some time to someone near and far?

The Guide, in fact, encompasses the 4 parts of the Object of Rotary.

## The Four-Way Test

Of the things we think, say or do:

- Is it the truth?
- Is it fair to all concerned?
- Will it build goodwill and better friendship?
- Will it be beneficial to all concerned?



#### **BOARD OF DIRECTORS 2017/2018**

President

Immediate Past President

President Elect

Vice President (Club Rotary Foundation)

Vice President (Public Relations)

Hon. Secretary (Administration)

Hon. Treasurer (Finance)

**Directors** 

Chair, Community Service

Chair, Vocational Service

Chair, International Service

Chair, New Generations Service

Director (Membership)

Keith Harrison

Garry Taylor

Mark Wang

James Lee

Andy Mankiewicz, OBE

Deepti Lalchandani

Reinhard Klemmer

See Mee Lee

Deepak Nagrani

Dr Rupesh Agrawal

Dr Hoh Sek Tien

Rajkumar Perumal Suppiah





