



ROTARY:  
MAKING A  
DIFFERENCE

# Rotary crossroads

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*Proud of our Heritage, Committed to our Future*

*Chartered 6<sup>th</sup> June 1930*

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JANUARY IS

**VOCATIONAL  
SERVICE  
MONTH**

*Photo by Alyce Henson. © Rotary International. Design layout by Gilbert Thien.*

**“The time we take to serve those who need us can be the turning point, not only in their lives but also in our own.”**

**Past RI President Rolf J. Klärich, 1980-81**

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the forthcoming events and  
Birthday / Anniversary  
celebrants and more...

## “THE GUIDE” – To Daily Living

By: Honorary Member (HM) PP Raymon Huang



Before we embark upon a discussion or discourse on “The Guide To Daily Living”, let us talk about Rotary’s famous “The 4-Way Test.” since it has been there long before “The Guide”, which is comparatively a new thing.

“The 4-Way Test”. We know that it is one of the most oft-quoted guidelines of ethics in business, the professions and trade and industry. Its “creation” is attributed to a Chicago Rotarian named Herbert J. Taylor, who first enunciated it in 1932. It was born out of adversity. It was also born out of courage, and wisdom.

Rotarian Herbert had been given the unenviable task of turning around a near-bankrupt mining company which had been in dire financial difficulties for some time. It was unbelievable that under such depressing conditions, he did what he did! He formulated what all in Rotary today know as “The 4-Way Test”. A code of ethics. This 24-word code of ethics was primarily meant for the employees of the Club Aluminium Company – the company with bankruptcy staring down its face – “to follow and practise in their business and professional lives.” It worked. The Company survived. This simple sounding philosophy which says:

1. Is it the truth?
2. Is it fair to all concerned?
3. Will it build goodwill and better friendship?
4. Will it be beneficial to all concerned?

Four simple, short questions. It was officially adopted by Rotary in 1943 and has since been translated into over 100 languages.

In Rotary Herbert Taylor rose through the ranks and became Rotary International President in Rotary Year (RY) 1954/5.

While the iconic “The 4-Way Test” had its beginning in far-away Chicago, “The Guide To Daily Living” had its birthplace much nearer home – in fact, here, at home, in our very own Club – the Rotary Club of Singapore! The author: no other than our PDG Dr Philbert S S Chin. His story, in brief:

“In RY 1974/75, a year after I was inducted into Rotary, I was made Chair of Vocational Service. I was somewhat surprised at that time to learn that Rotary did not have established core values, as guiding principle to guide the organization. It only had a Code of Conduct, basically related to business – The Four-Way Test. Its fundamental values of service and fellowship were only implied.”

Thereby hangs a tale. He continued:

“I began then to introduce for my own use, a new Code of Conduct with values written in. This required me to ask myself four questions and to act upon the answers – viz:



## In Focus

- Have I given time to self-uplifting?
- Have I given enough time to my family?
- Have I given time to my vocation?
- Have I given time to help others?

In 1997, at a Zonal Institute in Bali, I introduced and elaborated on the use of “The Guide To Daily Living”. I had a staunch supporter – no less than PRI Director, Benny Sabino Santos, popularly known as “The Saint”. After a lot of discussion at the Workshop, the revised version was adopted as a Resolution for the consideration of the R I Board.” He gave this Code of Conduct a new name: “The Guide To Daily Living”.

The revised, and current, version reads:

First: Have I spent some time in self-examination?

Second: Have I spent quality time with my family?

Third: Have I given my best to my work?

Fourth: Have I given some time to someone near and far?

The core values contained therein are:

First: Leadership

Second: Friendship

Third: Integrity

Fourth: Service & Diversity

Two further revisions in the wording – 1) In question 2: “quality” is deemed “vague” – so it is changed to “meaningful”; and 2) In Question 4: “others”, instead of “someone”. The changes increase the desired impact.

All Clubs in District 3310 have adopted “The Guide”.

Let us revisit and review the core values of the two icons, side by side.

### **The 4-Way Test**

- Truth
- Trust
- Friendship
- Relationship

### **The Guide To Daily Living**

- Leadership
- Love (Friendship)
- Integrity
- Service (& Diversity)

How complementary! How they dove-tail. How they reflect what we do in Rotary! How truly Rotarian!

Rotarians are by nature and action, natural “servant leaders” – leading and serving all the time. Our outstretched helping hand is always there. We do always look beyond ourselves, “Serving Humanity” and “Making A Difference”.

The service we extend, the kindness we show, the love we give, often go a long way.

Let me end with a quote:

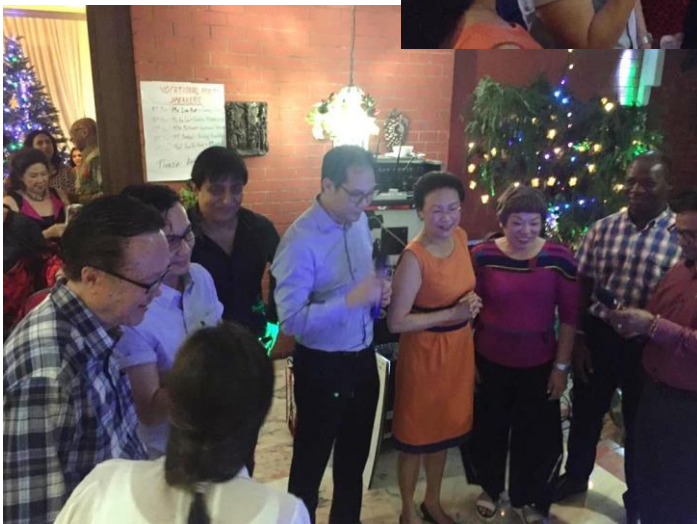
*“Little deeds of kindness, little words of Love  
Help to make Earth happy, like Heaven above.”*

And so, as we slide into a brand new year, 2018, let us be guided by “THE GUIDE” in our daily living.





# Photo Album of the Christmas Fellowship on 22.12.17 at Hon Member Rtn Mohan & Kawita Vaswani's residence



*The Club's amazing Christmas Carollers!*





# Photo Album of the Christmas Fellowship on 22.12.17 at gracious hosts, Hon Member Rtn Mohan & Kawita Vaswani's residence



*From right: 1<sup>st</sup> Lady Rachel with Emily (PP Perlita's granddaughter & Norfazila (Rtn Moshood's daughter)*



*From right: Rtn Bala Venkatesan, HM PP Raymon, 1<sup>st</sup> Lady Rachel, Mrs Suvidha Venkatesan, Rtn Brigitte Holtschneider & Mrs Bianca Nagrani*



*PP Alan Tan (holding the lovely painting donated & painted by Rtn Terry Lobaton) flanked by wonderful hosts HM Mohan & Kawita Vaswani*



# Last Week

## Last Week – Report on the Wednesday Meeting – 3 January 2018

### OPENING REMARKS

Wishing everyone a “Happy New Year”, Acting Sergeant-at-Arms Rtn Horst Hagemann opened the Club’s first meeting of 2018, and invited President Keith to the Chair. President Keith added his greetings for the New Year and welcomed Guest Speaker, Mr Lim Kiat from the Singapore Heart Foundation.



*Horst Hagemann*

### WELCOME

Duty of welcoming Guests of members and Visiting Rotarians fell to Rtn Dr Claus Dusemund:

### Guests:

Ms Denise Ng (Singapore Heart Foundation)

Mr Ray Heng

### Visiting Rotarians:

Former Member, Rtn Sverker Moeller

PP Scott Ryan – Holmen Area, USA

Dilip Diramal – Bombay, India



*Dr Claus Dusemund*

### TOAST & EXCHANGE OF CLUB BANNERS



Toastmaster, Vocational Service (VSC) Director & PN Deepak Nagrani advised that the Rotary Club of Holmen Area was in Wisconsin, USA and invited PP Scott Ryan to address the Club. We learnt that the Holmen Area club has 42 members and is about 10 years old. PP Scott informed members of his club’s filtration project in Lima, Peru.

Photo: (from right to left – President Keith, PP Scott & VSC Dir/PN Deepak)



*Pres Keith exchanges banners with PP Scott (left) and presents a Club banner to Rtn Dilip Diramal from R C Bombay (right)*

# Last Week

## COMING ROTARY EVENTS

President Keith reminded members of the following Club events:

EVENT	DETAILS
<b>Rotary GG Inspection &amp; Fellowship Trip to Central Vietnam</b>	<b>From 12 to 15 January 2018</b> – A total of 8 persons will be participating in the visit, led by PPs Dr Shahul Hameed and Jimmy Ooi. President Keith noted that the Club is the international partner of this Global Grant project which was largely funded by Rotary Clubs in the USA. For more details contact PP Dr Shahul Hameed at email <a href="mailto:drshahul14@gmail.com">drshahul14@gmail.com</a>
<b>Philippine Medical &amp; Dental Mission</b>	<b>From 16 to 22 January 2018</b> – President Keith noted that in addition to PPs Dr Oliver Henedige and Dr Yap Lip Kee at the Medical/Dental Mission, International Service Director Dr Rupesh Agrawal would conduct tele-consultation for eyecare as well. Please contact PP Perlita at <a href="mailto:rtnperlita@gmail.com">rtnperlita@gmail.com</a> or Rtn Deepti at <a href="mailto:deepti.lalchandani@gmail.com">deepti.lalchandani@gmail.com</a> for more details and to register your participation.
<b>India Eye Mission</b>	<b>From 16 to 23 February 2018</b> – President Keith advised that the visit would also include the opening of two Eye Hospitals and support of the Club's Global Grant project for eye surgeries. For more details, contact PP Tapan Rao at email <a href="mailto:tkr@mindtrac.com">tkr@mindtrac.com</a>

## DISTRICT ROTARY FOUNDATION SEMINAR

President Keith called on members who were not participating in the Philippine Medical/Dental Mission to attend the half day Seminar as follows:





ROTARY INTERNATIONAL  
DISTRICT 3310



ROTARY CLUB OF GARDEN CITY  
SINGAPORE



### 2017-18 DISTRICT ROTARY FOUNDATION SEMINAR SINGAPORE

**Date:** Saturday, 20 January 2018  
**Time:** 12:00-17:30  
**Venue:** NUSS Suntec City Guild House  
 Tower 5 Suntec City Level 2  
**Registration Fee:** S\$38 Net (Inclusive of lunch and coffee break)  
**Registration Contact:** IPDG Michael Yee (WhatsApp or Call 96168080)  
**Host Club:** ROTARY CLUB OF GARDEN CITY



ROTARY INTERNATIONAL





# Last Week

**Speaker:** Mr Lim Kiat, Senior Nutritionist, CPR & AED Instructor, Singapore Heart Foundation

**Topic:** “CPR & AED Awareness Programme”



VSC Dir/PN Deepak Nagrani

VSC Director/PN Deepak Nagrani was pleased to present 2018's Vocational Service Month – the annual initiative to remind Rotarians of the core values of Rotary. He added that the year's theme would focus on the guiding principles of the Guide To Daily Living, which embodied FIELDS of values namely: Fellowship, Integrity, Leadership, Diversity and Service. He noted that in order to harvest these values, members would need to ask the 4 questions daily of the Guide i.e.

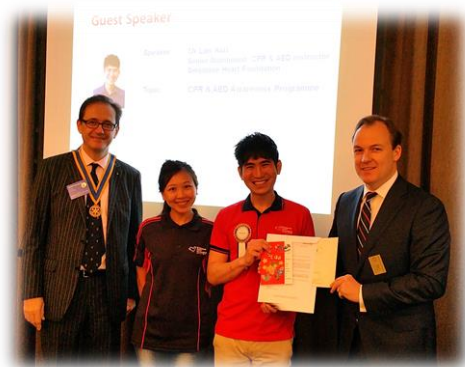
- Have we given time in self examination?
- Have we given time with family?
- Have we given our best to our work?
- Have we given time to others near and far?



Guest Speaker, Mr Lim Kiat

Rtn Deepak advised that 5 dynamic speakers were scheduled for January and they would share their vocations and especially how the Guide to Daily Living would apply to our lives. He was pleased to introduce Mr Lim Kiat who graduated from the Singapore Institute of Technology majoring in Food and Human nutrition. He was a nutritionist before joining the Singapore Heart Foundation.

In his presentation, Mr Lim cited the importance of early Cardio Pulmonary Resuscitation (CPR) so as to prevent brain damage and to improve the chances of survival during cardiac arrest. He added that for each minute of delay, would mean a decrease of 7% to 10% of survival rate. With the assistance of his colleague, Ms Denise Ng, Mr Lim highlighted the CPR and Automated External Defibrillator (AED) sequences and procedures.



From right to left: Pres Keith, Ms Denise Ng, Mr Lim Kiat & Rtn Stuart Pearce

Mr Lim encouraged members to download a free app from the Apple or Google Play Store – “myResponder” app which would alert volunteers who are within a 400m vicinity of a cardiac arrest incident, so that assistance can be provided before the ambulance arrival. He added that the app would also show the location of the nearest AEDs and provide the function of calling 995 straight from the app.

In his vote of thanks to Mr Lim on behalf of the Club, Rtn Stuart Pearce noted that the talk was one of the most practical sessions the Club has had, particularly as a reminder of the values embodied in the Guide to Daily Living to help our fellow human beings.





# Mark Your Diary

## Birthday Celebrants

### RC sends Birthday greetings to celebrants this week:

PP Peter Tan  
Director Dr Hoh Sek Tien  
Suresh Hathiramani  
Asheesh Khaneja  
Vivek Chhabra

## Anniversary Celebrants

### RC sends best wishes to Wedding Anniversary celebrants this week:

Willi & Hannelore Hess

## Vocational Service Meeting

### Vocational Service Committee Meeting will be held as follows:

**Date:** Thursday, 11 January

**Time:** 7.30pm

**Venue:** 14A Jalan Tempua, off Kheam Hock Road, S 298992

**Hosts:** Suresh Hathiramani, Willi Hess, Dr Hoon Sing Keow & Ronil Sujan

## This Meeting

**10 January 2018**

**Reception Desk duty:** Hena Hoda, Connie Ho

**Sunshine Box:** Suresh Keerthi, Louis Lim

**Speaker:** Mr En Lee, Partner, Head Asia Pacific, LGT Impact

**Topic:** *Venture Philanthropy*

## Next Meeting

**17 January 2018**

**Reception Desk duty:** Anant Jain, Deepu Joseph

**Sunshine Box:** PP Alan Tan, Mamta Shahani

**Speaker:** PDG Dr Philbert Chin

**Topic:** *Guide to Daily Living*

## International Service Meeting

### International Service Committee Meeting will be held as follows:

**Date:** Thursday, 18 January

**Time:** 7.30pm

**Venue:** Spoon Room, Singapore Island Country Club, Sime Road, off the junction of Lornie / Adam Roads

**Hosts:** PPs Mansoor Hassanbhai, Dr Winston Oh, Jasbir Koh & Dr Alexander Ressos

## Coming Rotary Events

### January

#### **Vocational Service Month**

**12-15 Jan** – Rotary GG Inspection & Fellowship Trip to Central Vietnam

**16-22 Jan** – Philippine Medical & Dental Mission

**31 Jan** – Evening Meeting

### February

#### **Peace and Conflict Prevention/Resolution Month**

**16-23 Feb** – India Eye Mission

**23 Feb** – World Understanding & Peace Day

### March

#### **Water and Sanitation Month**

**15-18 Mar** – DISTAS Presidents-Elect Training Seminar, District Training Assembly at Holiday Villa, Johor Bahru

### April

#### **Maternal and Child Health Month**

Minority Vocational School Mission Visit



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## The Four-Way Test

Of the things we think, say or do:

- Is it the truth?
- Is it fair to all concerned?
- Will it build goodwill and better friendship?
- Will it be beneficial to all concerned?

**ROTARY:  
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## The Guide to Daily Living

Before doing the things we want to do, consider first, the Precepts of the guide. Ask ourselves these 4 questions and act upon them:

**First:** *Have I spent some time in self-examination?*

**Second:** *Have I spent quality time with my family?*

**Third:** *Have I given my best to my work?*

**Fourth:** *Have I given some time to someone near and far?*

The Guide, in fact, encompasses the 4 parts of the Object of Rotary.

### BOARD OF DIRECTORS 2017/2018

President	Keith Harrison
Immediate Past President	Garry Taylor
President Elect	Mark Wang
Vice President (Club Rotary Foundation)	James Lee
Vice President (Public Relations)	Andy Mankiewicz, OBE
Hon. Secretary (Administration)	Deepti Lalchandani
Hon. Treasurer (Finance)	Reinhard Klemmer
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Chair, Community Service	See Mee Lee
Chair, Vocational Service	Deepak Nagrani
Chair, International Service	Dr Rupesh Agrawal
Chair, New Generations Service	Dr Hoh Sek Tien
Director (Membership)	Rajkumar Perumal Suppiah

